



Rockford FIRE Basketball

Age Eligibility - A player who is at least 10 by Sept. 1st, but not over the age of 12 on Sept 1st is considered eligible to play in the 12-and-under age group. A player who is 14 (and under) on Sept 1st is considered eligible to play in the 14u age group. A player who is 16 (and under) on Sept 1st is considered eligible to play in the 16u age group. A player who is 18 (and under) on Sept 1st is considered eligible to play in the 18u age group. At the coach or parents discretion, players may play in a higher age group.

Tryouts may be implemented depending on how many players sign up. Practices begin in October and continue until scheduled games are completed.

Team practices TBD, but are usually held on Tuesday and Thursday evenings beginning in October.

NCHC Eligibility Requirements